



THE LIFE SAVING RULES

MECHANICAL LIFTING

Plan the lift, control the area, and stay clear of moving and lifted loads



- I understand and follow the plan for the lift
- I only perform lifting tasks I am qualified and authorized to do
- I confirm equipment is inspected, fit for purpose, and load is stable
- I comply with barriers and verify myself and others are in a safe location



WE START WORK **ONLY** WHEN IT'S SAFE, AND **STOP** WHEN IT'S NOT.